

Facilitated music and movement experiences for synchronized teams

Humane Design brings live music, guided movement, breathwork, and integration into workplace settings. Built for HR teams, leadership offsites, culture teams, and CFOs who need wellness spend to translate into connection, regulation, and measurable team value.

The business case

\$125B-\$190B

annual employer healthcare spend tied to burnout

15%-20%

of payroll burdened by chronic stress, absenteeism, and turnover

50%-200%

of salary can be spent replacing one employee

2.4x

higher revenue growth for top innovation quartile companies

What we deliver

- Live music, guided movement, breathwork, and integration in one facilitated workplace experience.
 - Designed for voluntary participation, clear consent, professional boundaries, and accessibility.
 - Formats for offsites, wellness days, leadership retreats, all-hands events, and conferences.
 - Optional photo/video recap and post-event feedback loop for HR and employer brand teams.
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Formats

- PULSE LIVE: 15-60 people. Team offsite, quarterly kickoff, leadership retreat, culture workshop.
- WAVE: 50-200 people. All-hands events, conferences, onboarding, holiday parties.

- SAND FLOOR: 20-100 people. Outdoor team days and offsites, with BE U Collective.
 - ARC: 10-50 people. Wellness day, small team reset, end of an intense quarter.
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How to book

- 1. Book a 30-minute discovery call.
 - 2. Share team size, venue, goals, HR constraints, and desired outcome.
 - 3. Receive a recommended format, run-of-show, facilitator team, safety notes, and pricing.
 - 4. Host the event, then review optional survey, recap assets, and follow-up recommendations.
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Links

Book: <https://calendar.app.google/sJ4SeLaLYsXgKnyb7>

Full deck: <https://humandedesignglobal.com/pitch-deck>

Email: humandedesignglobal@gmail.com